



# ***Leading Edge Martial Arts***

## ***Weekly Class Schedule***

2550 Brodhead Rd. Suite 210  
 610 868 EDGE (3343)  
 www.leadingedgema.com

Please remember to check the monthly calendar for special events.  
 Events on the calendar supersede the regular class schedule and may effect  
 class times and availability.

<b><i>Mon.</i></b>	<b><i>Tues.</i></b>	<b><i>Wed.</i></b>	<b><i>Thurs.</i></b>	<b><i>Fri.</i></b>	<b><i>Sat.</i></b>
Child White Belts <b>(BEGINNER)</b> 4:15-5:00pm	Child Brown– BBC Belts 4:15-5:00pm	Child White Belts <b>(BEGINNER)</b> 4:15-5:00pm	Child Yellow-Orange Belts 4:15-5:00pm	Child Green– Blue Belts 4:15-5:00pm	<i>Cage Fitness</i> 8:30-9:00am
Child Yellow - Orange Belts 5:00-5:45pm	Child Blue Belts 5:00-5:45pm	Child Green- Blue Belts 5:00-5:45pm	Child Purple –Red Belts 5:00-5:45pm	Child Yellow– Orange Belts 5:00-5:45pm	Child Yellow-Orange Belts 9:15-10:00am
Child Green-Blue Belts 5:45-6:30pm	Child White Belts <b>(BEGINNER)</b> 5:45-6:30pm	Child Yellow-Orange Belts 5:45-6:30pm	Child White Belts <b>(BEGINNER)</b> 5:45-6:30pm	Child Purple-Red 5:45-6:30pm	Child White Belts <b>(BEGINNER)</b> 10:00am-10:45am
Child Purple –Black Belts 6:30-7:15pm	Child Purple-Red Belts 6:30-7:15pm	Child & Adult Black Belt 6:30-7:15pm	Child Green-Blue Belts 6:30-7:15pm	Child & Adult Brown– Black Belts 6:30-7:15pm	Child Green-Blue Belts 10:45-11:30am
<i>Cage Fitness</i> 7:15-7:45pm	<i>Cage Fitness</i> 7:15-7:45pm	<i>Cage Fitness</i> 7:15-7:45pm	<i>Cage Fitness</i> 7:15-7:45pm		Child Purple-Black Belts 11:30am-12:15pm
Adult All Belts 7:45-8:45pm	Adult White Belts 7:45-8:30pm	Adult All Belts 7:45-8:45pm	Adult White Belts 7:45-8:30pm		Adult All Belt 12:15-1:00pm
	Adult Yellow-Black Belts 8:30-9:30pm		Adult Yellow-Black Belts 8:30-9:30pm		

***“If you are right on time, you are fifteen minutes late.” Vince Lombardi***



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# **LEMA Fitness Memberships At Leading Edge Martial Arts**

## **LEMA Fitness & Cage Fitness**



<b>Mon.</b>	<b>Tues.</b>	<b>Wed.</b>	<b>Thurs.</b>		<b>Sat.</b>
					Cage Fitness 8:30-9am
Cage Fitness 7:15-7:45pm	Cage Fitness 7:15-7:45pm	Cage Fitness 7:15-7:45pm	Cage Fitness 7:15-7:45pm		

**Free Introductory Class Available.....Must Call For appointment!**

**Fitness Membership Rates: Punch Cards can be used towards any of the fitness classes.**

**10 classes \$80=\$8 per class (2 month expiration)**

**20 classes \$140=\$7 per class (4 month expiration)**

**LEMA Premium Membership (for martial arts students)—Unlimited Fitness Classes  
 (Ask a staff LEMA staff member for details)**

### **LEMA Fitness Members-Notes**

- **Please watch the LEMA monthly calendars for special events that may effect your classes.**
- **Weather Closings-Check website, watch for emails, listen to B104 and check WFMZ.com**
- **Please provide us with accurate contact info. including Address, phone #'s and email addresses. Your email address will be used by LEMA to notify you of LEMA special events, schedule changes, and or weather closings.**
- **Bag Gloves and a towel or mat should be brought to each class to be prepared for what the workout may entail.**

**When you refer a friend you get more classes for free! See school for details!**