



Leading Edge Martial Arts

Child

White Belt Curriculum

Kicks

Front Kick
Side Kick
Knee Strike

Fighting Combinations

#1 Front punch, back punch (also known as 1-2 punch)
#2 Front kick, back punch
#3 1-2 punch, back leg front kick

Self Defense (attacks described)

#1 Single wrist grab (same side)
#2 Front choke
#3 Rear choke

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Leading Edge Martial Arts

Child

Yellow Belt Curriculum

Kicks

Round Kick
Back Leg Round Kick

Fighting Combinations

- #1 1-2 punch, front crossing elbow strike
- #2 Side kick, back punch
- #3 Front Leg Round Kick, 1-2 punch
- #4 1-2 punch, back leg round kick

Self Defense (attacks described)

- #1 One hand lapel grab (same side)
- #2 Double lapel grab
- #3 Cross wrist grab

Grappling (Collectively tested at Orange Belt)

Control Positions - Deadman's, Mount, Side Mount, Guard

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Leading Edge Martial Arts

Child

Orange Belt Curriculum

Kicks

Spin Side Kick

Fighting Combinations

- #1 Front Punch, Back Punch, Front Hook Punch, Back Hook Punch
- #2 Front Kick, Back Front Kick, Back Round Kick, Back Punch
- #3 1-2 Punch, Back Round Kick, Back Round Kick, Back Punch
- #4 1-2 Punch, Back Round Kick, Spin Side Kick, Back Punch

Self Defense (attacks described)

- #1 One arm choke from behind
- #2 Full nelson
- #3 Bear hug

Grappling (Collectively tested at Orange Belt)

Control Positions - Deadman's, Mount, Side Mount, Guard

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Leading Edge Martial Arts Child Green Belt Curriculum

Kicks

Front Leg Hook Kick
Back Leg Hook Kick

Fighting Combinations

- #1 1-2 Punch, Crossing Elbow, Back Fist, Back Punch
- #2 Front Hook Kick, 1-2 Punch
- #3 Front Hook Kick, Back Front Kick, Spin Side Kick, Back Punch

Self Defense (attacks described)

- #1 Step thru back punch (defense using Octagon)
- #2 Step-skip -front kick
- #3 Back leg round kick

Grappling (Collectively tested at Blue Belt)

4 Point Clock Drill
Role Reversal
Elbow Escape
Americana
Cross Choke on Gi from Mount and Guard
Control position Reverse Mount/North South
Americana from Mount
Americana from Sidemount

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Leading Edge Martial Arts

Child

Blue Belt Curriculum

Kicks

Front Leg Ax Kick
Back Leg Ax Kick
Tornado Kick

Fighting Combinations

#1 Front Double Jab-Back Punch, Front Hook Punch, Back Upper Cut
#2 Front leg Axe Kick, Back Leg Low-High Round Kick, Spin Side Kick, Back Punch
#3 1-2 Punch, Back Leg Round Kick, Tornado Kick, Spin Back Fist, Back Punch

Self Defense (attacks described)

#1 Knife Held to Face or Chest
#2 Step Through Over Head Knife Attack
#3 Strep in Stab to the belly Knife Attack

Grappling (Collectively tested at Blue Belt)

4 Point Clock Drill
Role Reversal
Elbow Escape
Americana
Cross Choke on Gi from Mount and Guard
Control position Reverse Mount/North South
Americana from Mount
Americana from Sidemount

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Leading Edge Martial Arts

Child

Purple Belt Curriculum

Kicks

Spin Hook Kick

Fighting Combinations

- #1 Front Punch, Step Through Back Punch, Spin Back Fist, Back Punch
- #2 Skip Front Kick, Back Round Kick, Spin Hook Kick, Back Punch
- #3 1-2-1 Punch, Spin Hook Kick, Back Punch, Back Round Kick, Back Punch

Self Defense (attacks described)

- #1 Back Leg Front Kick (defense using Octagon)
- #2 Cross Wrist (defense joint lock)
- #3 Double Wrist Grab From Behind

Grappling (Collectively tested at Brown Belt)

6 Point Clock Drill
Pass the Guard take Side Mount
Arm Triangle from Scarf
Standard Armbar from Mount
Double Armbar from Guard
Guillotine from Standing - Non Testing
Knee to Belly Escape from under Side Mount to Guard
Hulk Escape from Scarf
Rear Naked Choke from Deadman's Position

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Leading Edge Martial Arts

Child

Red Belt Curriculum

Kicks

Front Leg Inside Crescent Kick
Back Leg Inside Crescent Kick
Front Leg Outside Crescent Kick
Back Leg Outside Crescent Kick
Spin Crescent Kick

Fighting Combinations

#1 Front Double Jab, Back Punch, Front Punch, Spin Back Fist, Step through Elbow
#2 1-2 Punch, Back Round Kick, Tornado Kick, Spin Hook Kick, Back Punch
#3 1-2 Back leg inside Crescent kick, Spin Crescent kick, Back Punch

Self Defense (attacks described)

#1 Single Hand Lapel Grab (reach across-wrist & elbow joint lock)
#2 Step Through over head attack (defense using Octagon into choke)
#3 Step Through Back Punch (Defense using Octagon into arm bar)

Grappling (Collectively tested at Brown Belt)

Straight Arm Bar from Scarf
American from Scarf
Guillotine from Mount
Guillotine from Guard
Kimura from Guard
Scissor Sweep from Guard to take the Mount
Teeter Escape from Scarf
Hitchhiker Escape from Arm Bar

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Leading Edge Martial Arts

Child

Brown Belt Curriculum

Kicks

Lunging Back Leg Knee Strike
Jumping Front Leg Knee Strike

Fighting Combinations

#1 Double Jab, Back Punch, Front Upper Cut, Back Inverted Elbow, Back Fist, Front Punch
#2 Front punch, Slide in front round kick, step behind side kick, Back Punch
#3 Front Punch, Shuffle 1-2 Punch, Lunging Back Knee, Spin Elbow, Crossing Elbow

Self Defense (attacks described)

#1 Single Lapel grab twist and lift. (Descending Elbow into a choke)
#2 Step through back looping hook punch. (Octagon move straight in)
#3 Single grab to upper arm from right side. (Rotate around and chop)

Grappling (Collectively tested at Brown Belt)

Single Arm Bar from Guard
Triangle Choke from Guard
Guillotine from Side Mount - Non Testing
Kimura from Side Mount
Clock Choke from Side Mount
Ankle hook take down of standing person inside the guard
Frame escape from Scarf to Arm Bar

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