

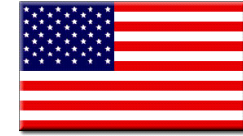


3239 Hamilton Blvd
 Allentown PA 18103
 610 434 3343
 www.leadingedgema.com

Leading Edge Martial Arts

March 2020

Give Yourself The Leading Edge!



God Bless the USA!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 LEMA T Shirt Week	3 LEMA T Shirt Week	4 LEMA T Shirt Week	5 LEMA T Shirt Week	6 LEMA T Shirt Week	7 LEMA T Shirt Week
8	9	10	11 Adult Full-Gi Grappling Workshop Adult Yellow-Black 7:45pm	12	13	14 LEMA Photo Day No classes  See schedule on back.
15	16 LEMA T Shirt Week	17 LEMA T Shirt Week  Wear something GREEN and show your Irish Pride!	18 LEMA T Shirt Week Adult No-Gi Grappling Workshop Adult Yellow-Black 7:45pm	19 LEMA T Shirt Week	20 LEMA T Shirt Week	21 LEMA T Shirt Week
22	23	24	25	26	27 Graduation Warm ups 5pm Ceremony 5:30pm No classes	28
29	30 LEMA T Shirt Week	31 LEMA T Shirt Week	1 LEMA T Shirt Week	2 LEMA T Shirt Week	3 LEMA T Shirt Week	4 LEMA T Shirt Week

LEMA Photo Day

LEMA-Allentown Saturday, March 14th

If you can't make your location on your day, feel free to visit our other LEMA location for Photo Day. Double check schedule if switching locations for Photo Day.

Photo Day schedules differ at each location.

Memory Mates, Individual shots, trading cards, buttons, magnets, Fatheads etc.

Please wear a neat, clean uniform with proper patches.

If you are not interested in the individual pictures, please attend for the class photo so our group photos are a realistic representation of the classes.

Photo Day forms can be grabbed on the back table.

Attend the following times for pictures.

Group photos will be taken promptly at the **beginning** of each session.

DO NOT BE LATE!

No Regular Classes.

LEMA-Allentown Schedule

Child Blue-Jr. Black Belt	9:00am
Child Yellow - Green	9:45am
Child White & Pre K	10:30am
Adult Class Students	11:00pm



Free

Women's Self Defense Workshop

FREE!

Wed. April 15th 2020

7:45 till 9:15

Sign in at 7:30pm

In this 1 ½ hour class, you will:

- 1. Receive tips on how to avoid being a target and potential victim.**
- 2. Learn how to deal with a situation once it has presented itself.**
- 3. Learn easy to use yet effective striking techniques.**
- 4. Learn hands on self defense moves when grabbed by an attacker.**
- 5. Have the opportunity to practice all these skills on volunteers from Leading Edge Martial Arts.**



Call to register today!

Leading Edge Martial Arts

3239 Hamilton Blvd

Allentown PA 18103

610-434-3343

www.LeadingEdgeMartialArts.com